



Massage therapy is sometimes covered by health insurance. Generally, you need a doctor's order (prescription), to get health insurance benefits.

Some licensed healthcare professionals, such as, physical therapists, occupational therapists or chiropractors may have a massage therapist working as an employee of the business. If that is the case, insurance benefits for massage may be allowed under the licensed professional's supervision. However, the frequency or use of a massage therapist is left to the discretion of the physical therapist.

Please note: you may need to pay the therapist directly, and then mail in your own insurance claim along with an invoice for services rendered in order to be reimbursed. If your insurance does not cover massage therapy, you are required to pay in full at the at the time the service is rendered.